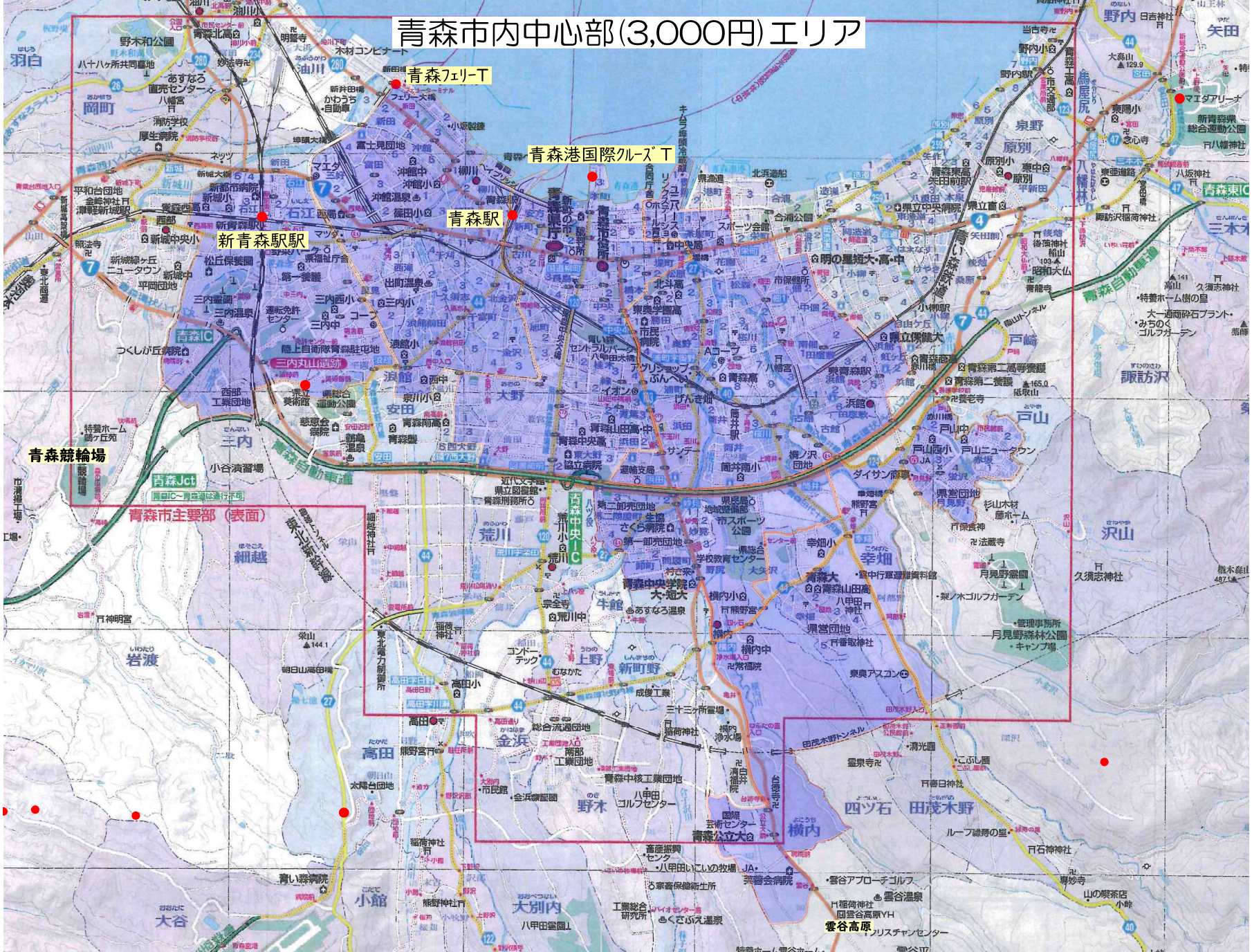青森市内中心部(3,000円)エリア